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MOCA BANGKOK presents

Lessons from the Seasons

A photography exhibition by 11 storytellers of life

July 1 – 20, 2025

Bangkok, Thailand – MOCA BANGKOK is proud to present *Lessons from the Seasons*, a photography exhibition that gathers 44 reflections from 44 seasons of life, seen through the lenses of 11 artists and image-makers. These photographs invite us to pause and contemplate the quiet transformations of life—growth, change, loss, and new beginnings. More than just an art exhibition, this is a gentle space for inner healing, where personal stories unfold and resonate through visual form. The exhibition will be held on the 5th floor, Temporary Exhibition Room 4 at MOCA BANGKOK.

About the exhibition

Lessons from the Seasons offers a contemplative journey through photography, encouraging visitors to take a deeper look at their own lives through the eyes of others. The participating artists come from diverse walks of life—not limited to professional photographers but including artists and creatives who have used their cameras to capture meaningful, transformative moments.

Featured artists include:

Peerapat Wimolrungrat, Jadsada In-ek, Visarute Angkatavanich, Alizz Vichchou, Puttipong Nipatutit, Sawita Poonsatien, Warun Siriprachai, Aussanee Augsornnugul, Ruangkit Yongpiyakul, Jariya Moongwattana, and Surattanawee Suviporn

Each artist presents a personal chapter from their own “season,” culminating in 44 photographs, each paired with a life lesson. These works are not merely visually striking—they embody experiences that speak to the human condition with honesty and depth. Whether it's navigating change, finding beauty in grief, or embracing the unknown, each photograph offers a window into emotional landscapes we all traverse.

Beyond the images, the exhibition features Talk Sessions where artists engage in intimate conversations with the audience. These sessions create meaningful exchanges across generations and life paths, cultivating a space for shared reflection and emotional growth.

MOCA BANGKOK

Public Hours: Tuesday – Sunday 10.00 am. – 06.00 pm. (Closed on Mondays)

Tel. 02-016-5666 Email: info@mocabangkok.com

Website: www.mocabangkok.com Facebook, Instagram: [@mocabangkok](https://www.instagram.com/mocabangkok)

Google Maps: [mocabangkok](https://www.google.com/maps/place/mocabangkok)



Interactive and Participatory Elements

- Artist talks and audience dialogues
- A participatory wall titled *"My Life Lesson"*, where visitors are invited to share their own reflections
- Photography and journaling workshops inspired by life's seasons

All proceeds from the sales of artworks—after production costs—will be donated to charitable foundations, hospitals, and non-profit initiatives. All artworks remain the property of the participating artists.

Group Exhibition by:

Peerapat Wimolrungrat, Jadsada In-ek, Visarute Angkatavanich, Alizz Vichchou, Puttipong Nipatutit, Sawita Poonsatien, Warun Siriprachai, Aussanee Augsornnugul, Ruangkit Yongpiyakul, Jariya Moongwattana, and Surattanawee Suviporn

Exhibition information

- **Opening Reception :** July 1st, 2025, 01.00-06.00 PM
- **On view:** July 1st- 20, 2025
- **Venue:** Temporary Exhibition 4, 5th Floor, MOCA BANGKOK
- **Admission:** Included with standard museum entry
- **Google Maps:** mocabangkok
- For more information about *"Lessons from the Seasons"* please visit : <https://bit.ly/lessonsfromtheseasons>

#lessonsfromtheseasons #EveJariya #ADDCANDID #JADJADSADA #AlizzVichchou
#Visarute #AmpPuttipong #SawitaPoonsatien #bosurattanawee #wernruangkit
#WarunBearLy #mocabangkok

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